

Beef Bologna

by (LaReatha Pizel Stasser)

Ingredients

3 pounds ground beef
3 tablespoons Mortons Quick Cure
1 cup water
2 ½ tablespoons Liquid Smoke (or more if desired)
1/8 teaspoon garlic powder
½ teaspoon onion powder
Course ground pepper to taste
Plastic wrap

Mix all ingredients together well. Shape into round rolls. Wrap in plastic wrap. Refrigerate for 24 hours. Remove plastic wrap and bake in a 300 degree oven for 1 hour to 1 hour and 15 minutes. If you have a broiler pan you might want to use it.